



加瀨派松濤館流

XX INTERNATIONAL KARATE-DŌ SUMMER COURSE KASE HA SHŌTŌKAN RYŪ / CÁDIZ-SPAIN 4th - 7th JULY 2019

Sensei Dirk Heene 8thDan Sensei François Van Binst 6thDan Sensei Juan Pablo Delgado 5thDan
Guest Instructors: Sensei Jim Martin 7thDan and Sensei Pascal Petrella 6thDan

TRAINING:

THURSDAY, JULY 4

(18:15H: Registration)

19 - 20H / 20 - 21H

Sport Center "El Náutico"

FRIDAY, JULY 5

8 - 9:30H

At the beach (in front of Victoria Hotel)

19 - 20H / 20 - 21H

Sport Center "El Náutico"

SATURDAY, JULY 6

10 - 11:30H / 11:45 - 13:15H

Sport Center "Ciudad de Cádiz"

14:00H: Grading (Carballo Club)

0:00 - 1:00H

Midnight training at Cortadura Beach

SUNDAY, JULY 7

10 - 11:15H / 11:30 - 12:30H

Sport Center "Ciudad de Cádiz"

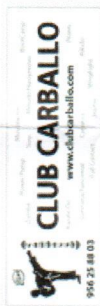
12:30-13:30H: Yoga

(Stretching and warming down with Sensei Peter Taylor
4thDan Karate-Dō and yoga master)

Karate-Dō whole course: 60€ / Weekend: 50€ / 1 day: 25€

EXTRA ACTIVITIES: Kayak: Friday, July 5 / Dinner: Saturday, July 6

The organiser cannot be held responsible for any loss or injury that may occur during the course.



kskcadiz@gmail.com
(+34) 956258803

