

Organisation:

Course Venue:



Under the instruction of KSKA Shihankai

Dirk Heene, 8th Dan (Belgium)

Jim Martin, 7th Dan (Scotland)

Michaylo Fedyk, 7th Dan (England)

Pascal Petrella, 6th Dan (Germany)

Juan-Pablo Delgado, 5th Dan (Spain)

Nico Ibscher, 5th Dan (Germany)

Host: Kase Ha Shotokan Ryu Karate-Do Academy

KSKA Northern Ireland - Sensei Raymond Shannon

Email: raymond.shannon@yahoo.com mailto:ibscher@qmx.de

Phone: +44 (0) 7745 794

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Dojo: Shimna Integrated College

Address: Lawnfield, King Street, Newcastle, Co. Down, BT33 0HD

Training: Friday Saturday Sunday

18:00 – 20:00hr 10:00 – 11:30hr 10:00 – 12:00hr

12:30 - 14:00hr

Registration opens one hour before the start of the training.

KSKA Passport: Please present your KSKA passport to the Secretary upon registration

for signature of attendance.

Grading: Saturday 14:30 – 17:00hr

Course-Dinner: Saturday evening course dinner will be held from 19.30hr

at the: Burrendale Hotel Country Club & Spa

Academy members wishing to attend should notify Sensei Shannon by email before 8th April 2018.

If not already included within the agreed room rate, the cost for the course dinner is £30.00 per person. Prior booking is essential.

Course Fee:

Non-KSKA Members KSKA Members **€60** whole course or **€15** per session No Charge

Passport / Visas

Normal Passport requirements at your chosen port of entry are in force.

Please note that there are no restricted border crossings between the North & South of Ireland. Valid EU Passport holders do not need a visa.

Transportation:

Recommended airports: Belfast City, Belfast International, Dublin

From Belfast City airport Newcastle (via Belfast Europa Bus Centre):

53km: 1 hour (by car)

Bus from Belfast City Airport to Belfast Europa Bus Centre: 15 minutes.

Airport transfer bus route number: 600 (Belfast Europa)

Belfast Europa Bus Centre to Newcastle Bus Centre: 1 hour 20 minutes.

Bus route number(s): Check with the ticket office

From Belfast International airport to Newcastle (via Belfast Europa Bus Centre):

64km: 1 hour 10 minutes (by car)

Bus from Belfast International Airport to Belfast Europa Bus Centre: 30 minutes.

Airport transfer bus route number: 300 (to Belfast Europa)

Belfast Europa Bus Centre to Newcastle Bus Centre: 1 hour 20 minutes.

Bus route number(s): Check with the ticket office

From Dublin airport to Newcastle (via Newry):

137km: 1 hour 30 minutes (by car)

Bus from Dublin Airport to Newry Bus Centre: 1 hour 10 minutes Bus Route number: X1 (to Belfast) <u>do not take service X2</u>

Departs from Zone 11 outside front door Terminal 1, operated by Bus Eireann,

Expressway & Goldline buses

Bus from Newry Bus Centre to Newcastle: 50 minutes

Bus Route number: 240 (to Downpatrick)

Selective airport pick-ups and returns can be arranged at £25 per person

providing that sufficient numbers book in advance.

Accommodation: KSKA Official Hotel

Choice of Hotels include:

Burrendale Hotel Country Club & Spa: http://www.burrendale.com/

The hotel gym, pool & spa are available to guests free of charge (with the exception of treatments).

A special rate of $\underline{£145}$ per person (two people sharing) for two nights bed & breakfast (Friday & Saturday) including the Saturday evening meal that has been agreed in the name of the KSKA.

68 rooms have been reserved exclusively for the KSKA but only until 31 October 2017 following which they go on general sale. Rooms can be secured with a deposit of £50.

Please book directly with the hotel quoting KSKA Karate Event – Raymond Shannon

Other Accommodation

A selection of other hotels at increased or lesser cost and a wide selection of B&B's are available in the area.

Private apartments are also available for rent in the town. Airbnb also operates locally

Tourism

Newcastle, County Down, Northern Ireland is a beautiful coastal town lying at the foot of Slieve Donard within the Mourne Mountains range. Newcastle is a popular tourist location especially as the popular TV series Game of Thornes is filmed on location.

Those wishing to spend longer in the area should contact Raymond Shannon who is actively engaged in the organisation of mountain biking, canoeing, rock-climbing and orienteering. Sensei Shannon is prepared to offer guided mountain bike rides and canoeing plus a range of other outdoor activities for your pleasure and enjoyment. Prior booking is essential. Email your request to Sensei Shannon

Location

Do not confuse the town of Newcastle, County Down, Northern Ireland with Newcastle City, England

Official Tourist Office

For a full list of tourism opportunities and assistance with other accommodation choices in the area, attendees may wish to make direct contact with Newcastle Visitor Information Centre, the direct email: newcastle.vic@nmandd.org or call +44 (0) 28 437 22 222

Official Tourist website

The local council website for tourist information is http://www.visitmournemountains.co.uk/

https://www.tourismni.com

https://www.discovernorthernireland.com

KSKA Note:

The course organiser and/or Kase Ha Shotokan Ryu Karate-Do Academy cannot be held responsible for any loss, damage or injury that may occur during the Gasshuku.

Participants should ensure that they have adequete travel insurnance that includes cover for traing in karate and repatrition to your home country in the event of injury.

Dublin is located 137km to the south and is accessible via a series of good roads including the M1 motorway.

Medical & First Aid

We shall have full, free first aid provision available at all times during training, including AED units and oxygen

In the event of hospital admittance, EU residents should bring their E111 card to avoid any issues.